



HEALTHY  
KIDS DAY®  
is here  
**APRIL  
30**  
For a better us.™

**Join Us At The Y For This FREE Community Event**

**On Saturday, April 30, the McBurney YMCA is holding a free community event to inspire more kids to keep their minds and bodies active. YMCA's Healthy Kids Day®, the Y's national initiative to improve families' health and well-being, features games, healthy cooking demonstrations, arts and crafts and more to motivate and teach families how to develop a healthy routine at home.**

# DAVIDsTEA

 **HEALTHY EYES  
ALLIANCE®**  
PREVENTING VISION LOSS IN OUR COMMUNITIES



## McBurney YMCA

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